

MARLBORO COLLEGE TOTAL HEALTH CENTER
Marlboro, VT 05344
802-258-9335

Medical Services
Ruth Loomis, APRN
Medical Manager/Nurse Practitioner
1.802.258.9225
rloomis@marlboro.edu

Counseling Services
Max Foldeak
Director of Health Services
1.802.258.9250
max@marlboro.edu

Dear Student,

Congratulations on your acceptance and decision to attend Marlboro College. As the Nurse Practitioner, I am here to make sure that your experience at Marlboro College is as healthy as possible and that you receive the best possible health care. Please know the Total Health Center can address your counseling as well as medical needs.

Well in advance of your arrival here you will need to complete our required medical form. This form can be found on line by going to http://www.marlboro.edu/communities/incoming_students/welcome/. This must be completed and returned to the college **no later than July 1, 2014**. A hard copy is available by contacting the Health Center. The printed out form includes:

1. A medical history questionnaire to be completed by you.
2. A history and physical exam form to be completed by a physician, nurse practitioner or physician's assistant at the time of the exam. The physical exam must have occurred within the past year, must be completed on the exam form provided, and cannot be performed by a relative.
3. An immunization verification form to be signed by a health care provider. Other forms will not be accepted.

Please note that Marlboro College will not register students who do not have proof of, or exemption from, the following immunizations required by the Vermont Department of Health:

- a) MMR (Measles, Mumps, Rubella) - 2 doses
- b) Hepatitis B - 3 doses
- c) Tetanus-Diphtheria- primary series and Td/Tdap booster within the past ten years.
- d) Meningococcal - First year students living in dormitories should receive *1 or 2 doses* of MenACWY before college entry. *If only 1 dose of vaccine was administered before the 16th birthday, a second dose is needed before entry.* This does not apply to students over 21.
- e) Varicella ("Chicken Pox") - 2 doses or documented history of disease

In addition, Marlboro College requires a Tuberculosis screening showing no risk factors as outlined by the Center for Disease Control (CDC) or Mantoux test (PPD) within the year prior to enrollment. In most health care settings, this can be done at the time of your physical exam.

Per Vermont Department of Health regulations, exemptions are allowed if there is a medical contraindication to a specific immunization or the student claims a moral or religious objection to immunization. The appropriate form can be found on the Marlboro website with the health form.

If you are covered by family health insurance, a copy of both sides of your insurance and pharmacy card MUST accompany the health form.

If you have any questions regarding the health forms or if we can be of assistance with any current psychiatric or counseling concerns, please do not hesitate to contact our office manager Megan Littlehales (802.258.9335).

Sincerely,
Ruth Loomis and Max Foldeak
Total Health Center
Marlboro College